

## WHO CAN GET FREE LONG ACTING CONTRACEPTION AT AMAC?

- HEALTH CARE ELIGIBLE WOMEN WHO LIVE IN AUCKLAND OR WAITEMATA DHB AREAS

AND

- HAVE A COMMUNITY SERVICES CARD

OR

- MAORI OR PACIFIC

OR

- HAVE NO OR LOW INCOME

OR

- AT RISK OF POOR OUTCOMES FROM AN UNPLANNED PREGNANCY

**NO HIDDEN FEES  
DHB FUNDED**



## WHICH CONTRACEPTION CAN I GET FREE AT AMAC?

### MIRENA

Mirena is a hormone-releasing IUD (intrauterine device) placed in your uterus to prevent **pregnancy** for as long as you want for up to 6 years. Mirena also treats heavy periods for up to **5 years**



### COPPER IUD

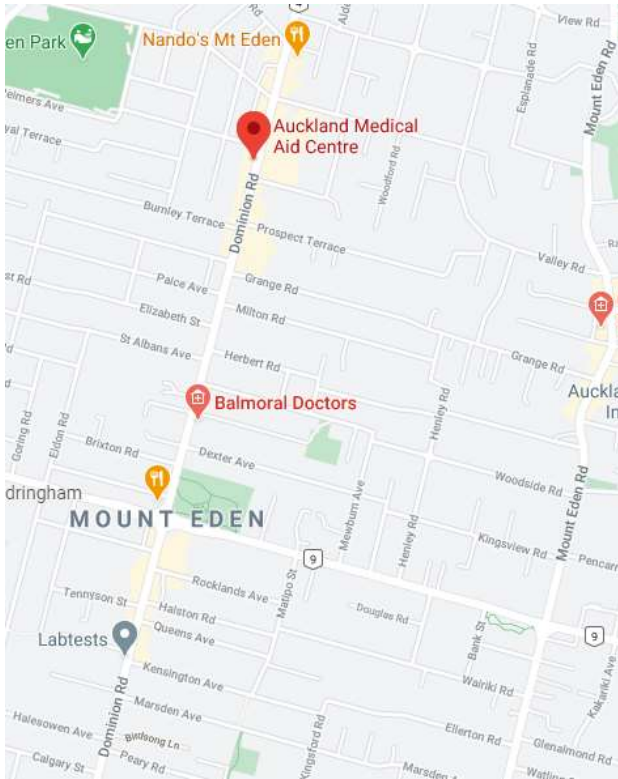


The copper IUD is placed in your uterus to prevent pregnancy. It is 99 percent effective in preventing pregnancy. Only one woman out of 100 will get pregnant each year. They last for 5 – 10 years depending in the type fitted.

## CONTRACEPTION IMPLANTS



Jadelle is two contraceptive implant rods used to prevent pregnancy. Contraceptive implants such as Jadelle are for long term (up to five years) use. The implants contain a synthetic hormone, levonorgestrel, which is also one of the active ingredients used in many oral contraceptives.



### Car Parking

AMAC parking is behind the clinic, accessed by a driveway at the side of the building, directly opposite ASB bank. Only use AMAC marked spaces, otherwise you may be towed away. Closed circuit TV security cameras are in operation for your safety. However, AMAC takes no responsibility for damage/theft of vehicles or property in the car park. Parking is at your own risk.



FUNDED  
BY DHB'S  
FOR QUALIFYING  
WOMEN

LONG ACTING  
CONTRACEPTION  
SERVICES

No hidden fees



TEL: (09) 638 6040



LONG ACTING  
CONTRACEPTION  
SERVICES

OFFICE HOURS – MONDAY TO THURSDAY  
8:30AM – 4.30 PM

1<sup>ST</sup> FLOOR 283-289 DOMINION RD  
MT. EDEN AUCKLAND

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