

## Your Appointment

Appointment Date: .....

Day & Time: .....

Please plan to be here at least six hours.

## Cancellation of Appointments

24 hours' notice of cancellation is appreciated. This allows others who may be waiting to use that appointment.

## Service Fee

The fee for this one-day surgical procedure is \$1,150 for New Zealanders eligible to subsidised health care or \$1,300 for non-eligible women. Other charges apply for some services such as post-procedure treatment, admission to hospital, scans, blood tests and prescriptions.

A detailed schedule of fees is available from our web site.

*(Subsidised healthcare applies only to New Zealand born, NZ citizen, NZ permanent resident or an overseas visitor with a continuous twenty four months' work permit or a combined student visa and a current work visa for a continuous 24 month period).*

## Payment

The full service fee is payable following the approval of the abortion (around midday). EFTPOS, Visa, Cash or MasterCard are accepted. We do not accept personal/ business cheques, payment by account or time payments.

## Protestors

This is infrequent but can occur at random. If you have any concerns, call AMAC for assistance.

## Cell Phones

For the privacy of yourself and others the use of camera or recording function on phones is prohibited in all areas of the clinic. All cell phones must be switched to silent mode. Local telephone calls can be made at no cost from reception.

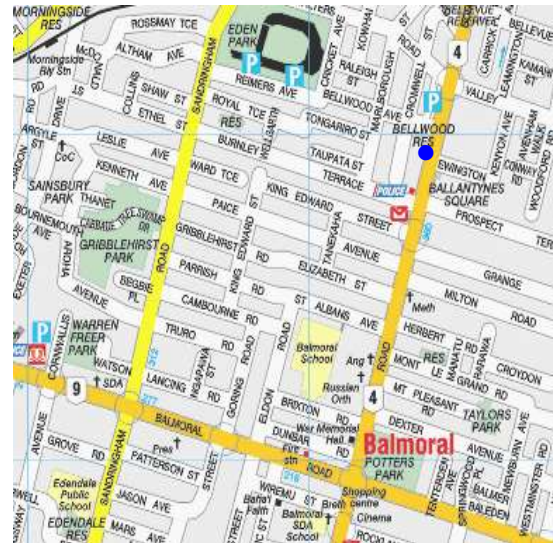
## Directions to AMAC

### Auckland patients

We are at the city end of Dominion Rd Mt. Eden, directly opposite Eden Quarter shopping complex (see map below).

### Out of town patients from South of Auckland

Exit the southern motorway at Greenlane, turning left. Continue on this road, passing by Greenlane Hospital and Alexandra Park. After passing St. Andrews Rd & Mt. Eden Rd, the road becomes Balmoral Rd. Turn right at Dominion Rd and follow map to the blue dot that identifies AMAC's position enter 283 dominion rd. into google maps or GPS).



## Car Parking

AMAC parking is behind the clinic, accessed by a driveway at the side of the building, directly opposite ASB bank. Only use AMAC marked spaces, neighbours spaces are tow away which may be enforced. Closed circuit TV security cameras are in operation for your safety. However, AMAC takes no responsibility for damage/theft of vehicles or property on the car park. Parking is at your own risk.



# SURGICAL ABORTION

## INFORMATION

&

## APPOINTMENT BROCHURE

### PROCEDURE DAYS:

MONDAY TO THURSDAY

### OFFICE HOURS:

MONDAY TO THURSDAY 8:30AM – 4.30 PM

FRIDAY: 8:30AM – 4.00 PM

ADDRESS: 1<sup>ST</sup> FLOOR 283-289 DOMINION RD  
MT. EDEN AUCKLAND

TEL: (09) 638 6040 OR (09) 638 6041

EMAIL: RECEPTION@AMAC.ORG.NZ

Fax: (09) 631 0451

[www.amac.org.nz](http://www.amac.org.nz)

May 2018

## Why choose Private?

- Established in 1974, AMAC is NZ's longest serving abortion service provider
- Surgical procedures 6 - <13 weeks of pregnancy
- Early & timely intervention
- Only one visit (unless more time required)
- Individualised care in comfortable surroundings
- Experienced, non-judgmental staff

## Timely service Provision

At AMAC we understand early abortion access is the preference of most women who are unable to continue their pregnancy. We strive to ensure an appointment is offered within 5 working days (except during public holidays).

## Preparing for your AMAC appointment

### Plan ahead

Help us to help you have the least stressful day possible.

Plan to be at the clinic for a minimum of 6 hours as discharge is generally between 3.30pm & 4.30pm.

At least several days before your appointment, you need to have completed the following *minimum* tests:

**Blood tests:** Haemoglobin, Group and Rhesus factor

**Swabs tests:** Chlamydia & High vaginal swab

**Other:** Ultrasound scan & Letter of referral from doctor

### Childcare

Please arrange appropriate reliable full day care for babies/ toddlers & after school pick-up for children. To ensure a restful environment for yourself and others we do not allow children or babies into the clinic.

### Translators

If your English language is insufficient for the interviews & informed consent, for your safety & wellbeing you must arrange a neutral translator to accompany you. They must be fluent in both English & your first language. Family members and partners are not acceptable as neutral translators.

## Support people

Arrange a support person to keep you company throughout the day or just to drop you off & collect you before close at 4:30 pm. You must not drive for the next 12 hours due to medications used during the procedure.

## Breast feeding mothers

Express & store sufficient breast milk for feeds whilst you are at the clinic & for a further 24 hours.

Medicines can pass into the breast milk & may cause undesirable side effects to your baby, therefore we advise it is ideal not to breastfeeding during this time.

## The day of your appointment

Eat a light breakfast. Following your admission, we request you have fluids only until your recovery is complete.

## What to bring with you

- Anything given to you by your doctor
- A spare pair of underwear
- Proof of health care status (your passport, birth certificate) to prove eligibility for N.Z health care subsidies
- Treatment fees for procedure & prescription (personal cheques & payment by account are not accepted)

## On Arrival at AMAC

Auckland traffic congestion is a huge problem. Please allow plenty of traveling time to arrive at your scheduled appointment time. We will not inconvenience other patients if you arrive late. Unfortunately late arrivals experience unavoidable waiting or rescheduling of the appointment to a later date then it may be too late for you to use medical abortion.

## Admission

Our receptionist will admit you to the clinic, assist with admission forms & show you to your own room.

## Counselling

Counselling is a helping interactive process, which some women need & find beneficial. It is offered to all women, not forced. The decision is yours.

## Assessment

You will receive support from a nurse or a nurse/counsellor throughout the day. The nurse ensures you have all the required information to make an informed decision. She will discuss & document your medical & social history for the two certifying consultants. Once the interview is complete, you will have time for a short break.

## Certifying Consultants

You will meet the two Consultants (doctors) shortly after your break. Both doctors must approve the abortion. Usually the first doctor you see is also your operating doctor. The doctors will discuss your request for abortion, and clarify any questions and assist you with any future contraception needs. If they believe you meet the legal criteria, the abortion can proceed.

Please be aware neither doctor will approve your abortion to proceed if there is any doubt you are unsure of your decision or they believe the decision is not of your own free will.

If you are declined by either consultant you will only be charged for services received to that point. A future re-assessment appointment can be scheduled.

## Surgical Procedure (suction aspiration)

After taking pre-op medication, your procedure will follow approximately 1-3 hours later. This allows time for the medication to take full effect. During this time rest, read a book or watch TV.

The surgical procedure is performed using sedation that makes you drowsy (not asleep). Sedatives combined with local anaesthetic & a pain relieving injection assist in controlling discomfort during the short procedure. Gentle suction aspiration quickly empties the uterus. An early surgical abortion procedure normally takes approx. 5 -10 minutes.

## Recovery

Although recovery times do vary, we request you plan to stay & rest for approx.45 mins. Most women are feeling well & fully recovered by this time.