

WHO CAN GET FREE LONG ACTING CONTRACEPTION AT AMAC?

- Healthcare eligible women who live in Auckland Region. This includes Waitemata, Auckland and Counties Manukau Hospital areas with the following criteria;

- Hold a current Community Services Card

or

- Are Maori or Pasifika

or

- Low or no income*

*as defined by Deprivation Index 9 -10 or Quintile 4 or 5 under CMDHB

or

- At risk of poor outcomes due to mental health or addiction issues

What contraception can I get?

Mirena

Mirena is a hormone-releasing (intrauterine device) IUD placed in your uterus to prevent pregnancy for as long as you want up to 6 years. Mirena also treats heavy periods for up to 5 years.



Copper IUD

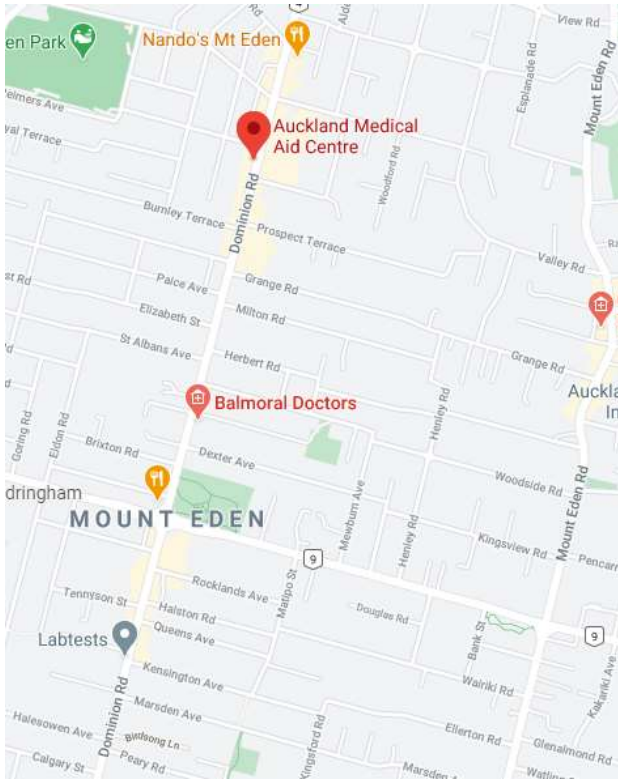


The copper IUD is placed in your uterus to prevent pregnancy. It is 99% effective in preventing pregnancy. Only one woman out of 100 will get pregnant each year. They last for 5 years.

Contraceptive Implants



Jadelle is two contraceptive implant rods used to prevent pregnancy. Contraceptive implants such as Jadelle are for long term (up to 5 years use). The implants contain a synthetic hormone, levonorgestrel, which is also one of the active ingredients used in many oral contraceptives.



Car Parking

AMAC parking is behind the clinic, accessed by a driveway at the side of the building, directly opposite ASB bank. Only use AMAC marked spaces, otherwise you may be towed away. Closed circuit TV security cameras are in operation for your safety. However, AMAC takes no responsibility for damage/theft of vehicles or property in the car park. Parking is at your own risk.



FUNDED
FOR QUALIFYING
WOMEN

LONG ACTING
CONTRACEPTION
SERVICES

No hidden fees

TEL: (09) 638 6040



LONG ACTING
REMOVABLE
CONTRACEPTION
(LARC)

OFFICE HOURS – MONDAY TO THURSDAY
8:30AM – 4.30 PM

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MT. EDEN AUCKLAND

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